



East Shore Online Courses

2025 - 2026

Career & Technical Education

ACCOUNTING I

- Unit 1: The Basic Accounting Equation
- Unit 2: Journalizing & Posting
- Unit 3: Cash Control & Completing Fiscal Period
- Unit 4: Income Statements, Balance Sheets, & Closing the Fiscal Period

INDIVIDUAL & FAMILY RELATIONSHIPS

- Unit 1: Personal Wellbeing
- Unit 2: Communication
- Unit 3: Relationships I
- Unit 4: Relationships II

BUSINESS COMMUNICATIONS I

- Unit 1: Communicating in Your Life
- Unit 2: Written Communications in Business
- Unit 3: Customer Service & Company Communication
- Unit 4: Collaboration & Presentations in Business

BUSINESS COMMUNICATIONS II

- Unit 1: Business Etiquette & Tools for Employees
- Unit 2: Job Search Strategies
- Unit 3: Creating an Oral Business Presentation
- Unit 4: Preparing a Research-Based Report

CHILD DEVELOPMENT

- Unit 1: Parenting Responsibilities I
- Unit 2: Parenting Responsibilities II
- Unit 3: Prenatal Development
- Unit 4: Growth & Development

ENTREPRENEURSHIP

- Unit 1: Introduction to Entrepreneurship
- Unit 2: Ownership & Economy
- Unit 3: Market & Industry
- Unit 4: Promotional Mix & Financing Your Business

FOODS & NUTRITION I

- Unit 1: Foods & Nutrition I, Unit 1
- Unit 2: Foods & Nutrition I, Unit 2
- Unit 3: Foods & Nutrition I, Unit 3
- Unit 4: Foods & Nutrition I, Unit 4

BUSINESS LEADERSHIP

- Unit 1: History & Theories of Leadership
- Unit 2: Leading an Organization; Roles and Responsibilities
- Unit 3: Team Building
- Unit 4: Managing Organizational Changes

Digital Studies

BUSINESS OFFICE SPECIALIST

- Unit 1: Presentations
- Unit 2: Word Processing
- Unit 3: Spreadsheets
- Unit 4: Database

General Financial Literacy

FINANCIAL LITERACY

- Unit 1: Decision Making & Goals
- Unit 2: The Money You Earn
- Unit 3: The Money You Save
- Unit 4: The Money You Spend

Language Arts Core

ENGLISH 09

- Unit 1: Introductory Language Skills
- Unit 2: Introductory Reading Skills
- Unit 3: Narrative Writing
- Unit 4: Walk Two Moons Part 1
- Unit 5: Walk Two Moons Part 2
- Unit 6: Poetry & Short Stories
- Unit 7: Informative Writing
- Unit 8: Informative & Persuasive Writing

ENGLISH 10

- Unit 1: Mythology
- Unit 2: Compare & Contrast
- Unit 3: A Doll's House
- Unit 4: Metamorphosis
- Unit 5: Extended Definition
- Unit 6: Literary Text Analysis
- Unit 7: Argumentative Essay
- Unit 8: Historical Fiction Poem

ENGLISH 11

- Unit 1: Who I Want To Be
- Unit 2: Conquering Death
- Unit 3: National Independence
- Unit 4: Taming of the Shrew
- Unit 5: Social Media
- Unit 6: Career Choice
- Unit 7: Our Town Part 1
- Unit 8: Our Town Part 2

ENGLISH 12

- Unit 1: Beliefs
- Unit 2: The Good Earth Part 1
- Unit 3: The Good Earth Part 2
- Unit 4: Short Stories & Poetry
- Unit 5: Things Fall Apart
- Unit 6: Middle Eastern Literature Part 1
- Unit 7: Middle Eastern Literature Part 2
- Unit 8: Frankenstein

Language Arts Elective

BUSINESS COMMUNICATIONS I

- Unit 1: Communicating in Your Life
- Unit 2: Written Communications
- Unit 3: Customer Service & Company Communication
- Unit 4: Collaboration & Presentations in Business

BUSINESS COMMUNICATIONS II

- Unit 1: Business Etiquette & Tools for Employees
- Unit 2: Job Search Strategies
- Unit 3: Creating an Oral Business Presentation
- Unit 4: Preparing a Research-Based Report

CREATIVE WRITING

- Unit 1: Short Story
- Unit 2: Poetry
- Unit 3: First Chapter
- Unit 4: Scene

ENGLISH 12

- Unit 1: Beliefs
- Unit 2: The Good Earth Part 1
- Unit 3: The Good Earth Part 2
- Unit 4: Short Stories & Poetry
- Unit 5: Things Fall Apart
- Unit 6: Middle Eastern Literature Part 1
- Unit 7: Middle Eastern Literature Part 2
- Unit 8: Frankenstein

Mathematics Core

SECONDARY MATH I

- Unit 1: Equations & Inequalities
- Unit 2: Introduction to Functions
- Unit 3: Arithmetic Sequences & Linear Functions
- Unit 4: Systems of Equations & Inequalities
- Unit 5: Exponential Functions
- Unit 6: Data Analysis
- Unit 7: Transformations & Constructions
- Unit 8: Congruent Triangles

SECONDARY MATH II

- Unit 1: Rational Exponents & Polynomials
- Unit 2: Basic Quadratics
- Unit 3: Advanced Quadratics
- Unit 4: Functions and Inequalities
- Unit 5: Similarity
- Unit 6: Trigonometric Functions
- Unit 7: Circles & Volume
- Unit 8: Probability

SECONDARY MATH III

- Unit 1: Drawing Conclusions from Data
- Unit 2: Polynomials & Polynomial Functions
- Unit 3: Rational Expressions & Functions
- Unit 4: Radical Expressions & Functions
- Unit 5: Exponential & Logarithmic Functions
- Unit 6: Trigonometric Functions
- Unit 7: Sequences & Series
- Unit 8: Applying Geometric Concepts

Mathematics Elective

ACCOUNTING I

- Unit 1: The Basic Accounting Equation
- Unit 2: Journalizing & Posting
- Unit 3: Cash Control & Completing Fiscal Period
- Unit 4: Income Statements, Balance Sheets, & Closing the Fiscal Period

MATH DECISION MAKING FOR LIFE

- Unit 1: Finance - Income & Expenses
- Unit 2: Finance - Investments, Loans, & Data Analysis

MATHEMATICS OF PERSONAL FINANCE

- Unit 1: Income & Expense
- Unit 2: Budgeting
- Unit 3: Employment
- Unit 4: Employment Choices
- Unit 5: Investments & Retirement
- Unit 6: Loans & Data
- Unit 7: Financial Planning
- Unit 8: Credit

STATISTICS

- Unit 1: Exploring One-Variable Data
- Unit 2: Introduction to Correlation

SECONDARY MATH III

- Unit 1: Drawing Conclusions from Data
- Unit 2: Polynomials & Polynomial Functions
- Unit 3: Rational Expressions & Functions
- Unit 4: Radical Expressions & Functions
- Unit 5: Exponential & Logarithmic Functions
- Unit 6: Trigonometric Functions
- Unit 7: Sequences & Series
- Unit 8: Applying Geometric Concepts

Physical & Health Education

HEALTH

- Unit 1: Mental & Emotional Health
- Unit 2: Nutrition, Exercise, Body Image, & Eating Disorders
- Unit 3: Disease, Injury Prevention, & Substance Abuse
- Unit 4: Relationships & Human Life Cycle

PARTICIPATION SKILLS

- Unit 1: Heart Rate, Strength & Endurance
- Unit 2: Basics of Nutrition
- Unit 3: Benefits of Exercise & Flexibility
- Unit 4: Cardio-Respiratory Endurance

FITNESS FOR LIFE

- Unit 1: Wellness & Safety
- Unit 2: Self-Management & Lifestyles
- Unit 3: Strength, Endurance, & Flexibility
- Unit 4: Nutrition & Wellness

LIFETIME ACTIVITIES

- Unit 1: Introduction to Lifetime Activities
- Unit 2: Calories, Diet, Bowling & Racquetball
- Unit 3: Nutrition & Major Food Groups
- Unit 4: Building a Meal Plan

Science Core

BIOLOGY

- Unit 1: Ecology
- Unit 2: Organs & Organ Systems
- Unit 3: Cells I
- Unit 4: Cells II
- Unit 5: Genetics I
- Unit 6: Genetics II
- Unit 7: Evolution I
- Unit 8: Evolution II

EARTH SCIENCE

- Unit 1: The Big Bang
- Unit 2: Atmosphere & Energy
- Unit 3: Climate Change
- Unit 4: The World of Water
- Unit 5: Wild Blue Oceans
- Unit 6: Earth's Tectonics
- Unit 7: Earthquakes & Volcanoes
- Unit 8: Utah Earth Systems

PHYSICS

- Unit 1: Velocity
- Unit 2: Momentum
- Unit 3: Acceleration
- Unit 4: Conservation

Science Elective

ASTRONOMY

- Unit 1: Introduction to Astronomy
- Unit 2: Our Solar System
- Unit 3: Sun & Stars
- Unit 4: Galaxies & the Big Bang

BOTANY

- Unit 1: The Plant Kingdom & Plant-Like Organisms
- Unit 2: Plant Tissues & Organs
- Unit 3: Plants of Utah
- Unit 4: Plant Physiology

ZOOLOGY

- Unit 1: Sponges, Cnidarians, & Flatworms
- Unit 2: Roundworms, Segmented Worms & Mollusks
- Unit 3: Arthropods & Echinoderms
- Unit 4: Phylum Chordata

Social Studies Core

GEOGRAPHY

- Unit 1: Physical Geography & Mapping
- Unit 2: Movement and Culture
- Unit 3: Governments and Geography
- Unit 4: Understanding the World

GOVERNMENT & CITIZENSHIP

- Unit 1: Government Foundations
- Unit 2: Branches of Government
- Unit 3: Civil Liberties, Rights & Responsibilities
- Unit 4: Distribution of Power & Globalization

U.S. HISTORY

- Unit 1: Industrialism & Progressivism (1880-1920)
- Unit 2: Imperialism & World War I (1900-1919)
- Unit 3: Roaring 20s, Great Depression & New Deal (1920-1940)
- Unit 4: World War II (1940-1950)
- Unit 5: Early Cold War & Social Changes (1950-1979)
- Unit 6: Civil Rights & Counter-Cultural Movements (1930-1979)
- Unit 7: Late Cold War & Cultural Shift (1968-1989)
- Unit 8: 21st Century (1990-present)

WORLD CIVILIZATIONS

- Unit 1: Prehistory to Classic Societies
- Unit 2: Expanding Connections & Global Interactions
- Unit 3: Revolutions, Industrialization, & Empires
- Unit 4: Global Conflicts & The Contemporary World

Social Studies Elective

ART HISTORY

- Unit 1: Ancient Mediterranean
- Unit 2: Indigenous Americas
- Unit 3: The Pacific Islands
- Unit 4: Africa
- Unit 5: Middle Ages Europe
- Unit 6: Renaissance & Baroque
- Unit 7: 19th Century & Modernism
- Unit 8: Global Contemporary

PSYCHOLOGY I

- Unit 1: Research Methods & Biopsychology
- Unit 2: Human Development, Learning & Memory
- Unit 3: Motivation, Emotion, Stress & Health
- Unit 4: Psychological Disorders, Therapy & Social Psychology

The Arts

ART FOUNDATIONS

- Unit 1: Identity
- Unit 2: Ecology
- Unit 3: Belief
- Unit 4: Community

ART HISTORY

- Unit 1: Ancient Mediterranean
- Unit 2: Indigenous Americas
- Unit 3: The Pacific Islands
- Unit 4: Africa
- Unit 5: Middle Ages Europe
- Unit 6: Renaissance & Baroque
- Unit 7: 19th Century & Modernism
- Unit 8: Global Contemporary

INTRODUCTION TO ACTING

- Unit 1: The Basics of Acting

THEATRE

- Unit 1: Theatre History
- Unit 2: Play Analysis
- Unit 3: Scene Writing
- Unit 4: Children's Story

East Shore Course Credits

- 1 unit = .125 credit
- 2 units = .25 credit
- 4 units = .50 credit
- 8 units = 1.0 credit

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course descriptions



eastshore.alpineschools.org

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register online

